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QURANIC AND SPIRITUAL SOLUTIONS OF DAY-TO-DAY PROBLEMS

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Barkaati Marehrawi

PUBLISHED BY

IMAM AHMED RAZA ACADEMY

DURBAN SOUTH AFRICA

A BARAKAATUR RAZA PUBLICATION

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Date of Publication: Rajab 1422 A.H. (October 2001)

Number of copies: 1 500

Publishers:

Imam Ahmed Raza Academy

Ahmed Raza Building

3rd Floor, 20-22 Lorne Street

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Int. Code: (27) (31) + Number

Modern man in general and the Muslims in particular is disturbed and confused by the attempts of the enemies of Islam through their literature to erode the Imaan of the Muslims especially the naive, unschooled youth. Without the necessary knowledge and information, an unsuspecting reader would fall prey to the trap set by the enemy.

We live in times of "Black Magic". People, through hatred or jealousy would attempt to bring hardship or sufferings upon other people. In these times, out of weakness, a Muslim may resort to obtaining help from Kufr sources. Such practices are frowned upon. All the help that a Muslim will need is to be found in the Holy Quran and Ahadith.

A Muslim should at all times obey all the Commandments of Allah Y and His Rasool r if he or she hopes to avoid the punishment in this world and in the Hereafter. Do not regard a hardship or as a punishment from Allah Y; but rather see it as a test of your Imaan and patience.

This book will be of paramount importance and benefit to the Seeker of Truth and knowledge. In it you will find possible solutions from the Holy Quran and Ahadith to solve any of your daily problems.

May Allah Y the Most Merciful bestow upon the translator the wisdom and knowledge to continue being of service to the Muslim community. Aameen.

Haji Nazeer Ahmad Al-Qaadiri

Treasurer Imam Ahmad Raza Academy

11 Rajab 1422 A.H.

29 September 2001

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میجر لہا نجر لہا لہا مس

میجر لہا لہا وسر یلع یلع صنو ودم جن

GOOD DEEDS

Question: What is the best method of performing good deeds and abstaining from all the

prohibitions of Sharee'ah?

Answer: For the abstention from the prohibition of the Sharee'ah, one should excessively recite this daily,

مِيْظَعِ عَلَا مِيْظَعِ عَلَا مَلِّ ابَّ اَلَا تَوَقَّالُو لَوْحَالِ *

and with great devotion, engage oneself in the Zikr of *Nafi-Wa- Ith'baat* i.e.

مَلِّ اَلَا مَلِّ اَلَا *

and to awaken the lazy sleeping heart. Furthermore, it is most beneficial to recite daily, morning and evening, Sura Falaq and Sura Naas.

OPTIONAL SALAAH

Question: Besides the 2 Raka'ah Sunnah and the 2 Raka'ah Fardh of Fajr; 4 Fardh and 2 and 2 Sunnah of Zohr; 4 Fardh of Asr; 3 Fardh and 2 Sunnah of Maghrib; 4 Fardh 2 Sunnah and 3 Witr of Esha. That I perform, are there any other Salaah besides the five prescribed times to be read and what are they?

Answer: Always be punctual in your fives times daily Faraa'id and Sunnah. If times permits, perform 4 Raka'ah with one Salaam after Zawaal and before Zohr Salaah. It is also Mustahab (preferable) to perform 4 Raka'ah before the Asr Salaah and Salaatul Awwabeen between Maghrib and Esha Salaah. This Salaah consists of either 6 Raka'ah or 20 Raka'ah. Another excellent Salaah is that of Ishraak, which is read 20 minutes after sunrise till Zawaal. This Salaah consists of 4 Raka'ah. Also Salaatul Tahajjud performed after midnight until Subh-o-Saadiq (dawn). This Salaah is read like Taraweeh with an option of 2 Raka'ah, and Tasbeeh after every 4 Raka'ah.

WAZAA'IF TO BE READ AFTER EVERY SALAAH

Question: What Tasbeeh or Wazaa'if are read after the 5 daily prayer?

Answer: After Fajr Salaah read 100 times:

نِيْبِمَا قَحْلَا كَلِمًا مَلَّلَا أَلَا مَلَّال *
 * نِيْبِمَا قَحْلَا كَلِمًا مَلَّلَا أَلَا مَلَّال

If time permits after Zohr, then read 55 times:

أَلُو لُو حِ الْوَرَبُّكَ مَلَّلَا وَ مَلَّلَا أَلَا مَلَّال وَ مَلَّلَا دَمَحْطَا وَ مَلَّلَا نَاحِبَس لِي كُوْلَا مَعْنُو مَلَّلَا يَبْسَح
 مِي طَعْلَا يَلْعَلَا مَلَّلَا بَالَا قَوْف

And if time is short, then read it 50 times. Read Tasbeeh-e-Fathima after Asr (33 times Alhamdulillah, 33 times Subhaan-Allah, and 34 times Allahu Akbar). After Maghrib Salaah, recite Kalima Tamjeed 500 times and finally after Esha Salaah, recite Darood Shareef 100 times, facing Madina Munawwara, imagining that you are in the presence of Sayyiduna Rasoolullah r.

(*Trans. Note*) Recite Darood-e-Ibrahim, as this is an excellent Darood Shareef and very often prescribed in the Hadith Shareef.

QURAANIC SUPPLICATIONS

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Questions: What Quraanic Manajaat (supplication) is to be read?

Answer: The Noble Masha'ikh and Awliya state that all ayahs commencing with "Rabbana" are Manajaat (supplication). They should be read day and night.

FORGIVENESS OF SINS

Question: What can you prescribe for Af'wo Jara'im (forgiveness of sins) and Aaqibit bil Khair (death with Emaan)?

Answer: Excessive Istighfaar (Touba) helps in forgiveness of sins and Aaqibit bil Khair. The recitation of Ayatul Qursi and the Zikr of Kalima Tayyaba daily after every Salaah is most effective.

PROTECTION FROM PUNISHMENT IN THE GRAVE

Question: What is read for the protection of Azaab (punishment) in the grave?

Answer: Recite Sura Mulk (29 para) and Sura Hameem Sajdah daily after Esha Salaah. It has the same benefits.

DANGER OF LUST

Question: How does one guard oneself from the disastrous lust of the Nafs (desire) and interference of Shaytaan, the cursed?

Answer: Make it a good habit of reading:

*مِيْظَعْلَا يَلْعَلْا مَلَلْا بَالَا قَوَّقْ الْوَلْوَحَالْ

Excessively at all times with 11 times Sura Falaq and Sura Naas after every Fajr and Maghrib Salaah.

OPTIONAL FASTS

Question: What is the Adab (ethics) of reciting the Quraan Shareef?

Answer: As much as possible, try to face the Qibla when reciting the Quraan Shareef. Pronounce every Huroof (alphabet) correctly with Tajweed. Pay special attention to the Madd, Tashdeed, Fatah, Kasra, and Dammah (Zabar, Zer, and Pesh). Observe all the Waqfa (stops). These are a few of the external ethics (Zaahir).

The Baatin (inner) codes are also of paramount importance. Firstly, the (junior) reciter must imagine that he is in the presence of Almighty Allah Y and that Almighty Allah Y is listening to his recital from a very high pedestal. For the more senior and advanced reciter, he must think that whatever is being read it is conveyed directly from Almighty Allah Y.

PROTECTION FROM THE HARDSHIPS OF SAKARAAT

Question: How can one save oneself from the terrible pains and hardships of Sakaraat (Na'kuni- time of death)?

Answer: Make it a habit to recite Ayatul Qursi and Sura Iklaas daily to lessen the hardship of Sakaraat. Sura Mulk recited daily before going to bed is for security and freedom from punishment of the grave. Sura Dukhaan is also prescribed for the same purpose.

QUESTIONING IN THE QABAR SHAREEF

Question: Can you advice or suggest of any method whereby one can build courage and confidence to answer the questions posed to him or her in the grave by Munkar and Nakeer (the Angels of death)?

Answer: Let this answer be on one's lips at all times, and also write and keep it with you (in the form of a Taweez):

مال سال اب و اب ر ملاب تي ضر ملوسرو مدبج ادم حم نادهشا و ملالا ال ملال نادهشا
وامام نارقلا اب والوسرو اي بن دم حم اندي سبواندي

رملابونيزونلا ذبوقورافللاب و قي دصلاب وانواخ نيزم وملابو قلب قي تب عكلاب
اناب دهشا ونيز رض احلا نيزدهاشلا نيزكل ملاب اب حرم مهيلع ملالا ناوزر قمياى ضت
شعبن اميلع وتومن اميلع ويحن قددهشلا مذهيلع ملالا لوسر ادم حم ناو ملالا ال ملال نادهشن
*ىلاعت مللاء اش نا

KEEPING OF THE SHAJRAH SHAREEF

IN THE QABAR

Questions: Should one keep the Shajrah in the grave or not? If one should do so, then what is the correct procedure to adopt?

Answer: To keep the Shajrah in the grave is an old practice of the Awliya and the Masha'ikh. There are two methods of doing this. The first method is to keep it on the Kaffan or on the chest of the deceased. But the honourable and learned Fuqaha (Jurist) has objected to this, because at times the body bleeds and discharges impurities that will soil the Shajrah. This will be gross disrespect to the names of the Masha'ikh printed or written therein. The second method is safe and recommended, that a recess be dug on the head side of the grave and the Shajrah Shareef be placed in it.

PREPARATIONS TO BE MADE FOR DEATH

Questions: What must be done if there are signs of assurity that a sick person will die in a few days time?

Answer: When such signs are visible, then the family should give Ghusal to the patient. If this is not possible, then Wudu should be given. If this is also difficult, then perform Tayammum for him or her. Lay the sick on the bed in a manner, that his or her face is facing towards the Qibla and sprinkle some attar on or around him. Do not discuss any worldly matters in his or her presence. Do not express grief or cry. Request all those who are very beloved or close to the patient (e.g. husband, wife, sons, daughters, etc) to avoid sitting in his or her presence. However, if the sick call for them then they should present themselves, but not for long periods. Recite Kalima Shareef aloud in front of him or her, so that he or she may repeat after you. Never order or command the sick to do so (read the Kalima) as they may refuse to do so in their state of unconsciousness and due to the effect of hardship (of Sakaraat). This may result in the person leaving the world without Emaan (Allah forbid!). Avoid discussing the hardships of death and the grave with him or in his presence. Instead, speak of the infinite Mercies and bounties of Almighty Allah Y. Speak of the Shafa'at (intercession) of Sayyiduna Rasoolullah r and of the pious and Noble Awliya Allah. Wholeheartedly, accept all instructions and wasiyat made by the dying person in these crucial moments and give him or her the assurity that they will be fulfilled. Recite Sura Yaseen, Sura Fateha, Sura Ikhlaas and other verses of the Holy Quraan loudly in his presence. Keep him or her as comfortable and relaxed as possible.

METHOD OF PERFORMING SOME SPECIAL SALAAH

Question: What is the correct method of performing the following Salaah: Salaatul Istisqah (rain), Salaatul Kusoof (eclipse of the sun) and Salaatul Khusoof (eclipse of the moon) and the Salaah of Ashura?

Answer: The method of performing Salaatul Istisqa is that the head (leader) of the village or city should lead all the Muslim to the Eid Gaah or open field for three days in succession. It is recommended to wear old clothes and walk barefooted towards the Eid Gaah as a sign of humility. Do not express any signs of happiness as done in Eid Celebrations. The barefooted journey to the Eid Gaah must be with great simplicity and humility. At the Eid Gaah or field, the Imam will lead 2 Raka'ah Salaah with loud Qiraat. Then he will read the Khutba by invoking the Merciful names of Almighty Allah Y and beg for pardon of the sins of the people. While the Dua is being read, the Imam will constantly move his head to the right, left, top bottom. This is the Dua taught in the Hadith Shareef:

وَكُذِّبَ قَسَامَ مَلَلِ الْجَارِ رِيغًا لِرِجِّعِ رَاضٍ رِيغًا عَفَانٍ أَعْيِدْ أَعْيِدْ مِثْمِثِ غَمِّ أَشْيِ غَانِ قَسَامَ مَلَلِ

* تيممك دل بى ح كتم حرر ش نزل و كمى اهب

The eclipse (solar) Salaah consists of 2 Raka'ah. The Imam will lead the congregation with silent Qiraat. It is best to recite as much Quraan as possible in both Raka'ah. Thereafter, engage in Dua and Istighfaar until the eclipse is over.

Pertaining to Ashura Salaah, the Noble Masha'ikh have prescribed 2 Raka'ah Nafil after the sun has risen (approximately one to two hours after sunrise). In the first Rakaat, after Sura Fateha, recite Ayatul Qursi. In the second Raka'ah after Sura Fateha, recite the last Ayahs of Sura Hasher. After the Salaam, recite Darood Shareef as much as possible. Other Mashaa'ikh prescribe 6 Raka'ah by reading after Sura Fateha, Sura Wash Shams in the first Rakaat, Sura Inna Anzalna in the second, Sura Falaq in the fifth and Sura Naas in the sixth Rakaat. After the termination of the Salaah, go into Sajdah (prostration) and pray to Allah Y for the fulfillment of your legitimate needs.

OBTAINING HALAAL SUSTENANCE

Question: How does one go about obtaining Halaal Rizk (sustenance) nowadays?

Answer: At all times, there are 4 basic ways of obtaining Halaal Rizk, which are as follows:

- Employment service with a condition where you may not be an accessory to Kufr and oppression. This also includes any Haraam or forbidden transaction.
- Farming on condition that no worker is unjustly deprived of his or her rights and all transactions to be in accordance with the laws of the Sharee'ah.
- Trade and Commerce: here too, only those commodities of trade that are not contradictory to the Sharee'ah. Correct weights and amounts must be considered strictly.
- Work of Art and Craft: this too hinges on honesty.

VISITING OF THE GRAVE

Question: Kindly explain the correct method of visiting the grave?

Answer: When you visit the general Muslim grave-yard, then greet the dwellers of the grave in the Sunnah method:

مللا ءاشنا انا ومكروا نل مللا رفعني نيل مسلم او نيزم وملا نمر اي دلا لها مكيلع مال سلنا
* نوق حاله مكب

Approach the grave from the leg-side and face the grave at the chest with your back facing the Qibla. Recite Sura Fateha once and Sura Ikhlāas three times. Then, make Dua for the deceased. When visiting the grave of a Wali, then approach the grave as if you would approach him when he was physically alive. Exercise great respect and humility and approach from the feet-side. Reach to the Wali's chest position and sit down in the Attahiyat position, that is, face to face. Here, the following should be recited 21 times:

* حورلا و قئىءملا بروان برس و دق حوبس

This is read in a Zikr pattern by striking the (Darb) on the ear. Thereafter, recite Sura Inna Anzalna thrice and divert the heart from all thoughts and images. Now, engage in deep mediation, imagining that your heart and the heart of the Wali are together. If this stage is achieved, then Isha-Allah, you will achieve the Barakaah of the Wali entering your heart.

SIGNS OF THE AWLIYA

Question: How does one establish whether any grave is that of a Wali or ordinary Muslim or not, and if it is known that a Wali lies there, then how is one to achieve benefits from him?

Answer: Some Mazaars are well known and it is certain that they are of Awliya. Hence, this procedure is to be adopted when visiting them: Go to the head-side of the Mazaar and place the Shahadah finger on the grave. Recite the beginning of Sura Baqarah till Muflihoon. Then go to the leg-side of the Mazaar and placing the Shahadah finger on the grave recite Amanar Rasoolu till the end of the Sura. Thereafter, say the words: "O Noble Wali! I plead in the Divine court of Almighty Allah Y for the fulfillment of my desires. I humbly request of you to please make Dua for me to Allah Y, to grant my desires". Then face the Qibla and present your case to the Merciful Allah Y.

If you pass by any unknown grave, and if you doubt whether it is that of a Wali or not, then this is what you should do: present yourself at the grave and offer Fateha. Recite the normal Sura, Darood Shareef and Zikr (already mentioned in the previous question). Thereafter, sit at the chest of the grave in Muraqqibah (meditation). While in Muraqqibah, if you feel tranquility and spiritual happiness then it is certain that the grave is that of a pure and relaxed soul. It is always wise and advisable to seek spiritual bliss and blessings from known and famous Mazaars of Awliya, rather than unknown graves.

METHOD OF MAKING ITIKHAARA

Question: What is the method of making Istikhaara?

Answer: The easiest procedure of Istikhaara is as follows: perform Esha Salaah with fresh wudhu. Recite Darood Shareef 11 times with absolute concentration and devotion. Then, recite the Tasmiah (Bismillah) 100 times followed by Sura Alam Nashrah 70 times. Terminate this procedure with 11 Darood Shareef. Now, blow on the palms of your hand and rub them on your face. After completing the above-mentioned actions, make the following Dua in the Bargaah of Almighty Allah: "O Allah! I seek your command in whatever I intend doing. Please inform me of your decision in my dream or through any other secret sign, whether I should proceed or not". After the Dua read this Darood Shareef 100 times:

* كَلِّمُولِعَمَلِكُدَدَعْبِدْمَحْمَازِدِيَسِيْلَعِلصْمَهَلَلَا

EASE FROM HARDSHIP OF THE WORLD

Question: Can you prescribe some Dua's to ease or eradicate the hardships of the Duniya (world)?

Answer: Dua-e-Karb is most effective for this purpose. Read it when and how you desire.

This is Dua-e-Karb:

تيا بجم وكلى عساى ذام ليليا مي طعلنا شرعلا برب لدا ناحبس مي دركلا مي كحل لدا ال لدا ال
 ال اب نذى ل عدت ال مثا لك نم قعال سلا ورب لك نم قم نبي غلا وكتر فغم مي ازع وكتم حر
 رلا محر اي اهتي ضق ال قرخال واى نذلا جىء وح نم لى قباح الو هت جرف ال امه الو هت رفغ
 * نيمح

The reading of Khatam-e-Khwaajegan is also a means of easing the hardships of the world. The method of reading this Khatam-e-Khwaajegan is famous and easily available. Furthermore, the Khatam of

* عي دب اي ري خ ل اب بى اجع اع اي دب اي

also have its unique powers. This is read 1200 times with Darood Shareef 100 times at the beginning and 100 times at the end. This can be read individually or collectively.

PROTECTION OF INTEGRITY AND HONOUR

Question: What can you advise me for the protection of ones integrity (Izzat) and honour (Aabro)?

Answer: Read Ya Azeezu 41 times after Fajr Salaah and blow on your face. Do the same before visiting any officer or magistrate. Try to engrave this Glorious Name on a piece of silver and use it in a ring in place of a stone. The engraving has to be done very carefully as noted below, in the form of a Taweez:

786

ع	ز	ى	ز
---	---	---	---

ع	ز	ی	ز
ی	ز	ع	ز
ز	ع	ز	ی

The ring them to be worn on a finger of the right hand, when visiting an officer or courtroom. It must be kept on the finger till the case or meeting concludes.

METHODS OF OBTAINING BARAKAAH

Question: Please prescribe something for Barakaah in sustenance?

Answer: Make it a habit of performing 4 Raka'ah of Chasht Salaah. After the Salaam, go into Sajdah and read: Ya Wahaab (100 times). If time does not permit, then read it 50 times. Recitation of Sura Khaaf on Friday is very effective and proven for Barakaah in Rizk. Besides these, recite Sura Waaqih'ah daily after Maghrib and Esha Salaah. It has great benefit. There are many other Wazaa'if for Barakaah in Rizk. One is the deliberation of Ya Mughni. This is read 100 times after Fajr Salaah daily and if time permits, then 1000 times. The other way is to recite Sura Muzzammil 21 times daily after Esha Salaah. If 21 are not possible, then recite it 7 times, and if this too is still difficult, then recite at least once. When you reach the ayah:

نَزَحْطَاوْمَلَا نَمَكْبَذَوْعَايِنَا مَهَلَلَا اَلْيَكُوْهُذَخْتَا فَوَهَا لَمَلَا لَبْرَغْمَلَا وَقِرْشَمَلَا بَر
 كَلَّالْحَبِيْزْفَكْمَهَلَلَا لَاجِرْلَارَهْقِيْوَنِيْدَلَا قَبْلَغْنَمَكْبَذَوْعَاوَلَسْكَلَاوَزَجْعَلَا نَمَكْبَذَوْعَاو
 * كَاوَسْنَمَعَكْلَضْفَبِيْذِنْعَاوَلْمَارْحَنَع

Then read 25 times

* لِيْكُوْلَا مَعْنُوْمَلَا اَنْبَسَح

And thereafter complete the Sura.

FREEDOM OF DEBTS

Question: Please teach me some Wazaa'if to read so that I may be freed from the clutches of debts and credits?

Answer: Recite this Dua 3 times daily after every Salaah:

نبيدلا قبل غنم كيب ذوع اول سكل او زجلا نم كيب ذوع او نزحلا ومليا نم كيب ذوع ايذا مهلا
* ك اوس نم عكل ضفب يذنع او كمارح نع ككل الحب يذفك مهلا لاجر لاره قو

PROTECTION AGAINST ALL CALAMITIES,
OMENS, ETC.

Question: What is read to protect oneself from all calamities, bad omen and undesirables of the world?

Answer: Read the following 33 ayahs daily after the evening Salaah:

1. 4 Ayahs of Sura Baqara from beginning till نوح لضم
2. 3 Ayahs of Ayatul Qursi from beginning till نودلاخ
3. 3Ayahs of Sura Baqara from تومسلا اى فام ملل till the end of the Sura.
4. 3 Ayahs of Sura Al Ah'raaf from نبيذس حملا till مللا كبرنا
5. 2 Ayahs of Sura Bani Isra'eel from

نم حرلا او عداو مللا او عداق to the end of the Sura.

6. 10 Ayahs of Sura Was'Saafat from the beginning to بزال

7. 3 Ayahs of Sura Rahman from نحل ارشع عم اي to

نارصرت نزل الف

8. 3 last Ayahs of Sura Hasher from نآرقا اذنه ان زناول till end of Sura.

9. 2 Ayahs of Sura Jinn from اططش to ولای حوالق

if you have any difficulty in finding time to read the above mentioned Ayahs, then read Ayatul Qursi 10 times and Ya Hafeezu 2 000 times in the morning. Hizbul Bahr is also excellent Dua for this purpose.

PROTECTION FROM TYRANNY AND OPPRESSION

Question: How can one protect oneself from the tyranny and oppression of the ruler (governor) and what is done to subdue him?

Answer: When you intend to go in the presence of such a ruler or officer, then read 17 times:

* نحر اي مع اري عش لك نحر اي

and blow on your face. Furthermore, before leaving home, sit in one place, facing the house or office of the officer and read:

* بولقلا بلقم اي

200 time with Darood Shareef and make Dua to Allah Y to subdue him with kindness. Thereafter, you may visit him. The amal of Ya Azezu is also very potent for this cause, which has been mentioned previously.

DUA BEFORE SLEEPING

Question: Sometimes, while sleeping, some weird thing are experienced that create a tremendous amount of fear in ones heart. What can be done in this condition?

Answer: Before sleeping, recite Sura Falaq, Sura Naas and Ayatul Qursi once blow on your chest. If this does not help, then read:

* ديدش اي

3 times, and blow on the entire body. Also read this Dua before sleeping:

ي بنجيم وني نمي نطفح ي لاعت مللا ء آش ناه عفر الكبوي بنج ت عضوم مللا كم س اب
* نورضحي ناو ني ط اي ش ل تازمه نم كذبذوعا وني حل اصل الكد ابع هب طفحت ام ب

DUA BEFORE COMMENCING ON A JOURNEY

Question: What is read before commencing on a journey?

Answer: When you intend travelling and have done the necessary arrangements, perform 2 Raka'ah Nafil and read the following Dua:

جرخملا ريخ كلئى سن انام مللا تل كوت ان برى ل عوان ج و مللا ميس ب ان جرخ مللا م س ب
ورف س لا ي ف ا ب ح اص ل ذك د ع ب ل ا ي و ط ا و ا ذ ه ر ف س ل ا ي ل ع ن و ه م ل ل ا ج ل و م ل ا ر ي خ و
ل ا م ل ا و ر ظ ن ل ا ء و س و ب ل ق ن م ل ا ت ب ا ك و ر ف س ل ا ء ا ش ع و ن م ي ن ذ ع م ل ل ا ل ه ا ل ا ي ف ة ف ي ل خ
* ي ض ر ت ا م ل م ع ل ا ن م و ي و ق ت ا و ر ب ل ا ذ ه ي ر ف س ي ف ي ن ذ و ز م ل ل ا د ل و ل ا و ل ه ل ا و

After reciting the above mentioned Dua, use the Shahadah finger of the right hand and circle all

بسم الله لا اله الا الله هو الين حصار محمد رسول الله قتل
ومسار دخلت في حرا الله وفي كنف الله في حياية الله
الذي هو اعز واجل واكبر مما اخاف واحذر الهى . بسم
دست ويا وكوش وبوش كساينمه مارا بدخواهندوبد
اراده كنند از دروان و رهنمان و عياران و ظالمان
واشرار خلائق از زندگان و كزگان و يرنندگان بالف
الف لا حول ولا قوة الا بالله العلى العظيم صلى الله
تعالى على خير خلقه سيدنا محمد واله واصحابه اجمعين

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After reading this Hisaar clap your hands (Dastak) three times and commence your journey. When you sit in your vehicle look at your self and say "هي رحلا نبحرلا مللام سرب". If you suspect an encounter or any trouble during your journey, then read Ya Hafeezu 998 times, and blow on your belongings and yourself. Also recite Sura Quraish as many times as possible on the journey.

PROTECTION AGAINST ENEMIES

Question: What is to be read as protection from your enemies?

Answer: The following Dua is read for the protection from evil of enemies:

مهر رشم نم كذب ذوعن ومهروحني فكل عجن انا مهللا *

There are no limits or time or condition of Wadu to read this Dua. While reading, visualize your enemy in your heart and imagine that you are throwing a stone at his chest. Besides the above-mentioned Dua, Sura Lahab and Sura Feel have been said to have the same impact.

LINEAGE

Question: What is the meaning of Hasab-o-Nasab and Sharaafat-o-Najaabat?

Answer: Hasab is that family integrity and honour that has manifested in 7 generations respectfully, e.g. a person whose seven generations were kings or high ranking officials of kingdoms, or whose 7 generations were Masha'ikh, Awliya and Ulema.

Nasab is the families excellence that has never changed for generations, e.g. descendents of Sayyiduna Imam Hassan t or Imam Hussein t, a Sayyid, a Hashmite, a Quraish, Ibraahimi, or Farooqi etc.

Some people have Hasab but no Nasab e.g. Taymooriya or Mogul (king and kingdoms), Rajppot family, physicians, descendents of Imam Abu Hanifa t, etc. Some people have Nasab but no Hasab, a Sayyid whose 4 generations before him had no Masha'ikh, Ulema or King etc. Generally Sharaafat-o-Najaabat (Nobility and Integrity) refers to the prestige or status of Nasab.

N.B. Hadrat Sayyid Ishaq Hassan Sha'rar Mahrerwi t recorded the above dialogue on Sunday 24th Shawwal-al-Muharram 1304 coinciding with 17th July 1887.

WORDS OF WISDOM

A person who is mean to part with his wealth is always first and quick in giving his honour and respect (Izzat). *Sayyiduna Ali-Al-Murtudah t.*

When your sustenance narrows and decreases repent (Istigfaar) to Allah Y and read your Kalima, Allah Y will increase His bounties and sustenance for you. *Sayyiduna Ali Al-Murtudah t.*

One who exercises love and affection for his brother today will enjoy its rewards tomorrow. *Sayyiduna Imam Hussein t.*

Value nobleness and excellence and hasten to achieve them. *Sayyiduna Imam Hussein t.*

No virtue is greater than piety and silence, and no enemy is greater than ignorance, and no sickness is greater than lies. *Sayyiduna Imam Jaffar As-Saadiq t.*

Always abstain from the company of 5 people: -

- ✓ A liar who always keeps you in doubt.
- ✓ An idiot who will try and do good for you that will turn out to be disastrous.
- ✓ A miser who, for his personal insignificant gains, will put you into great problems.
- ✓ A coward who will leave you in the lurch at the time of crisis.
- ✓ An evildoer or sinner who will betray you for a morsel and accept a much less reward. *Sayyiduna Imam Jaffar As-Saadiq t.*

A true believer (Mo'min) will never be unfaithful, treacherous or a liar. *Sayyiduna Imam Moosa Kaazim t.*

Conceal hardship because you can achieve closeness to Allah Y by it. *Sayyiduna Shiekh Sayyid Abdul Qaadir Jilaani t.*

Worldly people run behind the Duniya while the Duniya runs behind those who seek Allah Y. *Sayyiduna Shiekh Sayyid Abdul Qaadir Jilaani t.*

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To seek Paradise without good practice (amal) is a sin, to wait for intercession (Shafa'at) without practicing Sunnah is a type of pride, and depending on Allah Mercy by malpractice (disobedience) is ignorance and stupidity. *Sayyiduna Shiekh Maroof Karkhi t.*

Guard your tongue from self-praise as you guard it from sin. *Sayyiduna Shiekh Maroof Karkhi t.*

A person can never become perfect until he does not give preference to Deen (religion) over his personal desires. *Sayyiduna Shiekh Sirri Saqti t.*

One who cannot discipline ones self-can never disciplines others. *Sayyiduna Shiekh Sirri Saqti t.*

A Sufi is like the earth even if impurities are thrown on it, will flourish with lush greenery.

Sayyiduna Shiekh Abul Qaasim Junaid Al-Baghdadi t.

An Arif (mystic) is he who at times can not defend himself against a meek mosquito, but at times can carry the seven skies and earth's with the tip of his eyebrow and throws them aside.

Hadrat Shiekh Jaffar Abubaker Shibli t.

Always speak softly and lovingly with the creation of Allah. *Sayyiduna Shiekh Barkatullah Husaini Al-Qaadiri t.*

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Never ever go to the home of those who pass their time in play and amusement. *Sayyiduna Shiekh Barkatullah Husaini Al-Qaadiri t.*

Never make an unclear or controversial statement that can be misinterpreted thus leading to embarrassment and problems. *Sayyiduna Sha Ale'Ahmed Ache-Mia Husaini Al-Qaadiri t.*

Always suppress your Nafs and keep it quiet from talking and exposing secrets of the bounties and transactions between yourself and Allah, and whatever Ibadah or worship you do of Allah Y must remain a top secret. *Sayyiduna Sha Ale'Ahmad Ache Mia Husaini Al-Qaadiri t.*

IMAM AHMED RAZA ACADEMY

Promoting the cause of the Ahle Sunnah

The *Imam Ahmed Raza Academy* is an organisation that was established on the 5th of July 1986 (1406 A.H.) in South Africa with the sole purpose of serving the *Muslim* community and to provide some form of academic and spiritual direction to the Muslims.

The organisation has been named after the great *Muslim* scholar and Saint, *Imam Ahmed Raza Khan Bareilvi t*, who lived in India between 1856 and 1921, and was popularly known as "*Ala' Hadrat*" in the Islamic world. *Ala' Hadrat Imam Ahmed Raza Al-Qaadiri t* achieved the status of a versatile scholar and obtained a high distinction in over 50 branches of learning. On his visit to Makkatul Mukarramah and Madinatul Munawwarah, *Imam Ahmed Raza Al-Qaadiri t* was treated with great dignity and was conferred the title of "*Imam-e-Ahle-Sunnat*" by eminent *Ulema*. He was also hailed as the *Mujaddid* or Revivalist of the Century. He acted as a shield against those who wanted to assault the principles of the *Ahle Sunnah Wa Jamaah*.

As a devout Sufi, *Ala' Hadrat Imam Ahmed Raza t* was awarded the *Ijaazah* and *Khilafat* (Certificate of Spiritual Successorship) in the *Qaaderiya Silsila* (Order), as well as in 13 other branches of *Sufism*. As an author, *Imam Ahmed Raza Khan Al-Qaadiri t* has left to his credit more than a 1 000 books on 50 different subjects ranging from *Tafseer*, Logic, Grammar, Literature, Islamic Jurisprudence, Education, Sociology, Astronomy, Mathematics, Physics, History, Science of History, Engineering, Biographies, Philosophy, Mysticism to Persian, *Arabic*, *Urdu* and *Hindi* Literature.

The key aim of the *Imam Ahmed Raza Academy* is to promote and propagate the teachings of the *Ahle Sunnah Wa Jamaah*. In order to achieve this key objective we have dedicated ourselves to translate, compile, publish and distribute useful Islamic literature, books,

magazines, brochures, periodicals, newsletters, pamphlets, etc. with special reference to the teachings of *Ala' Hadrat Imam Ahmed Raza Al-Qaadiri* t and his Successors t In this age of immorality and emergence of corrupted Sects claiming to be the beacons of salvation, it is our responsibility to save our society from such wickedness and adopt the correct perspective of Islam based on the teachings of the *Ahle Sunnah*. A vital ingredient in this work is the publication of *Sunni* literature in English – to which we have committed ourselves.

We are presently offering a variety of services to the community on a daily basis, from being a centre for imparting Islamic education for our children - to issuing *Fatawa* (Legal Islamic Decrees). At the same time, in the last few years, we have also developed as an organisation laying emphasis on the publication of *Sunni* literature for the community and have thus far to our credit a regular newsletter – “*Raza*” and numerous titles of authentic *Sunni* books, and we will, *Insha-Allah*, be adding more titles each year. We have already designed a set of *madressa* textbooks that are being implemented locally and, we are proud to add that these textbooks have gained international repute. We have also developed a web site (www.raza.co.za) which is highly information based and is continually being updated.

We need your help not only to retain but promote our *Ahle Sunnah Aqaa'id* at a time when we are surrounded and bombarded by non-*Sunni* publications, which have corrupted our *Aqeeda* and have made deep inroads in the minds of the youth. All such activities in *Islam* that helps in promoting *Islam* constitute an act of *Jihad* for which there will be an enormous reward. The celebrated Saint, *Hadrat Sheikh Sirri Saqti* t said, “*That person can never become perfect until he does not give preference to Deen over his personal desires.*”

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The *Imam Ahmed Raza Academy* is an organisation that relies solely on the assistance and *Wasila* of *Sayyiduna Rasoolullah* r and the *Fuyooz* and *Barakaat* of the *Awliya Allah*, and the support of our well-wishers. Our vision for the future and our dedication to the mission of *Al'a Hadrat Imam Ahmed Raza Al-Qaadiri* t has a significant contribution to be made locally and in the world - a world in which, we pray, that *Sunni Islam* dominates. *Insha-Allah!*

General Secretary

MUNAJAAT (DUA) THAT SHOULD BE RECITED AFTER EVERY SALAAH

YA ILAHI HAR JAGHA TERI ATAA KA SAATH HO

JUB PARE MUSHKIL SHAHE MUSHKIL KUSHA KA SAATH HO

YA ILAAHI BHOOL JAWU NAZA KI TAKLEEF KO

SHAADIYE DEEDARE HUSNE MUSTAPHA KA SAATH HO

YA ILAAHI GOOR-E-TERA KI JAB AAYEH SAKHT RAAT

UNKI PYAARI MOHN KI SUBHA JAA FIZA KA SAATH HO

YA ILAHI JAB PARE MAHSHAR ME SHOR-E-DAAR WA GHEER

AMAN DENEH WAALEH PYAARE PESHWA KA SAATH HO

YA ILAAHI JAB ZABAANEH BAHAR AAYEH PYAAS SEH

SAAHIB-E-KAUTHAR SHAHE JOOD-O-ATAA KA SAATH HO

YA ILAAHI SARD-E-MEHRI PAR HO JAB KHURSHID-E-HASHAR

SAYYAD-E-BEH SAAYA KE ZILL-E-LIWAA KA SAATH HO

YA ILAHI GARM-E-MAHSHAR SEH JUB BHAR KEH BADAN

DAAMAN-E-MAHBOOB KI THANDI HAWAA KA SAATH HO

YA ILAAHI NA'AMA-E-A'MAAL JUB KHULNE LAGHE
AIB-E-POOSHI KHALQ-E-SAT'TAARE KHATA KA SAATH HO

YA ILAHI JUB BAHE AANKHE HISAAB-E-JURUM MEH
UN TABASSUM REZ-E-HONTOH KI DUA KA SAATH HO

YA ILAAHI JAB HISAAB KHANDAA-E-BICHAAR LAYE
CHASHME GHAR-YAANE SHAFI-E-MURTAJA KA SAATH HO

YA ILAHI RANGH LAAYI JAB MERI BE BAAQIYAH
UNKI NEECHI NEECHI NAZRO KI HAYAA KA SAATH HO

YA ILAAHI JAB CHALO TAREEKH RAAHE PUL SIRAAT
AFTAAB-E-HAASHMI NOORUL HUDA KA SAATH HO

YA ILAAHI JUB SARE SHAMSHEER PAR CHALNA PARE
RABBE SAL'LIM KAHNEH WAALEH GHAMZADAH KA SAATH HO

YA ILAHI JO DU'A YEH NEKH HUM TUJH SE KARE
QUDSIYYO KE LABB SEH AMEEN RABBANA KA SAATH HO

YA ILAHI JAB RAZA KWAAB-E-GHIRAA SEH SAR UTHAAYE
DAULAT-E-BEDAAR ISHK-E-MUSTAPHA KA SAATH HO

YA ILAHI LE CHALE JAB DAFAN KARNE QABAR ME

GHAUS-E-AZAM PESHEWA'E AWLIYA KA SAATH HOH.

